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## **Job Description for a Casual Fitness Worker**

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**Responsible to:** Faculty Lead; Vocational

### **OVERALL PURPOSE OF THE POST**

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To deliver fitness sessions to students to bring out the best in their abilities through identifying areas for development and implementing appropriate strategies to release their full potential.

### **MAIN DUTIES**

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- Plan and prepare engaging fitness sessions.
- Teach and deliver individual/small group fitness sessions and activities, ensuring effective learning takes place and students make excellent progress.
- Provide feedback and give advice on student performance and skills.
- Research good practice of innovative and successful teaching.
- Work with students to use fitness as a means of personal and social development.
- A desire to engage students across all year groups as part of our vibrant extra-curricular opportunities.
- Act as a role model, gaining the trust and respect of the people you work with.
- Communicate with the Faculty Lead, teachers and other academy staff, as well as students and parents, as appropriate.
- Undertake other duties and responsibilities commensurate with the grade of the post which may be required from time to time.
- Ensure you adhere to health and safety standards and work within school safeguarding guidance.
- To ensure equality of opportunity is afforded to all persons both internal and external, actively seeking to eliminate any direct or indirect discriminatory practices and behaviour.

This job description is subject to amendment, from time to time, within the terms of your conditions of employment, but only to the extent consistent with the needs of the college/Trust, and only after consultation with you.

**All staff and senior post holders have a duty for safeguarding and promoting the welfare of young people. Staff must be aware of academy procedures for raising concerns about students' welfare and must report any concern to the designated officers without delay. Staff must also ensure that they attend the appropriate level of safeguarding training identified by the Trust as relevant to their role.**

**The post holder's duties must at all times be carried out in compliance with the Trust's Equality and Diversity Policy, and the post holder must take reasonable care of the health and safety of self, other persons and resources whilst at work. This entails supporting the Trust's responsibilities under the Health and Safety Act.**

**All staff are expected to support the achievement of the Trust/academy's mission and strategic objectives and to demonstrate its values through their behaviour.**

## Person Specification for a Casual Fitness Worker

*There will be various opportunities for you to demonstrate you have the necessary attributes for this role such as through completion of the application form, at interview, during any tasks and through your provided references.*

ATTRIBUTES	ESSENTIAL	DESIRABLE
<b>Relevant Experience</b>	<ul style="list-style-type: none"> <li>• Successful experience of delivering fitness sessions and activities</li> </ul>	<ul style="list-style-type: none"> <li>• Previous experience of working with young people.</li> </ul>
<b>Education and Training</b>	<ul style="list-style-type: none"> <li>• Educated to Degree (or equivalent) standard</li> </ul>	
<b>Special Skills and Knowledge</b>	<ul style="list-style-type: none"> <li>• The ability to inspire and motivate young people.</li> <li>• The ability to behave as a role model and an ambassador for the Trust.</li> <li>• Excellent organisational skills.</li> <li>• Reliable and punctual.</li> </ul>	
<b>Personal Skills and Qualities</b>	<ul style="list-style-type: none"> <li>• Ability to communicate with a range of individuals and groups including working with young people in the age range 11 - 16.</li> <li>• Ability to work effectively as part of a team.</li> </ul>	
<b>Additional Factors</b>	<ul style="list-style-type: none"> <li>• An interest in the education sector.</li> <li>• Willingness to engage in delivery of extra-curricular activities.</li> <li>• A supportive and empathetic approach to students.</li> <li>• Flexible approach to work.</li> <li>• Enthusiasm, commitment and dedication.</li> <li>• Commitment to safeguarding the welfare of students.</li> <li>• Equality and Diversity - demonstrate fairness and respect in managing own behaviour and the behaviour of others.</li> </ul>	